

Professional Vitae for Dr. Juri L. Hanin

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Dr. Juri L. Hanin was a Senior Researcher & Professor (1991-2005) at KIHU-Research Institute for Olympic Sports, Jyväskylä, Finland. From September 2005 he has retired as Professor Emeritus. Born on May 19, 1939 in Leningrad (Russia), Dr. Hanin holds PhD (1970) and D.Sc. (1986) degrees in Social Psychology from St.-Petersburg (Leningrad) University, Russia. Since 1967 Dr. Hanin has been a university-level teacher and a researcher in the area of sport and social psychology, and performance enhancement. His teaching, research, & consulting in elite sports focused on: Stress, Anxiety, Emotions and Performance States; Communication, Leadership & Optimal Performance; & Change, Change Management and Optimal Performance.

The author of four books, numerous book chapters and journal articles related to optimising sports performance, Dr. Hanin has carried out extensive research, teaching, and consulting activities with national, international, and Olympic teams, athletes, and coaches in Russia (1967-1990) and Finland (1991-2011). His Individual Zones of Optimal Functioning (IZOF) model has stimulated a worldwide renewed interest in the role of emotions in athletic performance. Dr. Hanin has represented Finland as an invited speaker at numerous international congresses and conferences presenting in 24 countries (53 cities) throughout Europe, USA, Canada, & Australia.

During the period of radical changes (“perestroika”) in Russia (1988-1991), Dr. Hanin participated in education & training of Russian managers (Regional Centre for Continuous Education of Managers, in Leningrad). This experience was further developed and applied in the cross-cultural training & consulting of the Finnish managers. Dr. Hanin’s special sport psychology intensive courses were included in the programs coaching education for the Finnish soccer coaches and ice-hockey coaches in the International Ice Hockey Centre of Excellence (IIHCE, Vierumäki, Finland). During 2007-2010, Dr. Hanin’s consulting and training has been used in the programs offered by the Kuortane Sports Institute for the McLaren F-1 staff and drivers.

Dr. Hanin has served as an associate editor of the *European Yearbook of Sport Psychology* and he has been a member of the editorial board for the *International Journal of Sport Psychology (Italy)*, *The Sport Psychologist (USA)*, *Psychology of Sport & Exercise (UK)*, *Revista de Psicología del Deporte (Spain)*, and *International Journal of Sport Science & Coaching (UK)*. Dr. Hanin has served for four years as an associate editor of the *Psychology of Sport & Exercise (UK)*. He was also a FEPSAC Newsletter editor and the International Association of Applied Psychology (IAAP) Newsletter editor (Division 12 – Sport Psychology). He also served as a sport psychology section editor of the three-volume *Encyclopaedia of Applied Psychology (2004)*, developed by Academic Press in collaboration with the International Association of Applied Psychology.

In recognition of outstanding sport psychology scholarship, Dr. Hanin received the 1999 *Distinguished International Scholar Award* from the Association for the Advancement of Applied Sport Psychology (AAASP) and the 1998 *Visiting Scholar Award* from the Australian College of Sport Psychologists. As a keynote presenter, Dr. Hanin received awards from the *Austrian Olympic Committee* (1996) and the *Italian Association for Sport Psychology* (2000). His project “Rapid technique correction in athletics: an application of the old way/new way” was honoured with the 2nd level Award of Science Award Competition (2004) from the European Athletics Association (EAA). Currently Dr. Hanin is a *past President (2010-2014)* of the Division 12 (Sport Psychology) of the International Association of Applied Psychology (IAAP) and *IAAP Fellow*.